east midlands major trauma centre

NOTTINGHAM UNIVERSITY HOSPITALS NHS TRUST

Zoe Draper & Elena Theophilidou

STOP THE BLEED

Stop the Bleed Workshop

Session Objectives

- To showcase our stop the bleed initiative
- Understand the essential elements included in the training course
- Practice compressing and packing a wound and applying a tourniquet.

NOTTINGHAM BID

In 2018 we partnered with Nottingham Business District to offer free bleeding control training to their partners and venues across Nottingham City.

The aim of the course is to enable the public to have the skills to know how to stop life threatening bleeding.

The training is delivered as the accredited Stop the Bleed® course developed in America by the American College of Surgeons and other federal interagency groups.

Nottingham BID have purchased over 100 ‘trauma’ kits that are distributed within the city.

NOTTINGHAM BID

NOTTINGHAMSHIRE
POLICE
PROUD TO SERVE

BREAKING BARRIERS BUILDING BRIDGES

STREET
PASTORS

JOHN
LEWIS
& PARTNERS

motorpoint
.CO.UK
MOTORPOINT
arena
NOTTINGHAM

CROWNE
PLAZA
HOTELS & RESORTS

PRYZM
NOTTINGHAM

ROCK CITY

THEATRE ROYAL
ROYAL CONCERT HALL

the corner house

Victoria
Centre

RESCUE
ROOMS

Redthread

NOTTINGHAMSHIRE
POLICE & CRIME
COMMISSIONER
VRP
Violence
Reduction
Partnership
Nottingham City and Nottinghamshire

FOREST
NOTTINGHAM FOREST
COMMUNITY TRUST

Workers at Rock City and McDonald's trained to save lives using medical kits if someone is stabbed in city

The kits have been handed out to almost 50 businesses

SHARE

By
Matt Jarram Senior Digital Reporter and Crime Correspondent

06:00, 15 JUL 2019

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NOTTINGHAMSHIRE POLICE
PROUD TO SERVE

It was then delivered to Nottinghamshire Police Force who now carry ‘bleed’ kits in their patrol cars.

Medical kits to help stabbing victims launched in city centre

Trained staff in city centre venues will be able to use the kit to stop bleeding before paramedics arrive

NEWS By Matt Jarram Senior Digital Reporter and Crime Correspondent

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unicef for every child

CHILDREN URGENTLY NEED FOOD, WATER AND MEDICINE

West Bridgford Wire

Officers praised by surgeon for delivering life-saving first aid in Old Market Square

More than 600 officers Nottinghamshire Police have received the Stop the Bleed training in partnership with the East Midlands Major Trauma Centre, led by surgeon Adam Brooks.

Wire

Main principles covered in the training include:

Safety First

Alert

Identify Bleeding

Direct Pressure

Packing

Tourniquet

ABC approach of bleeding control
A Alert call for help 999
B Bleeding Identify the bleeding on the body
C Compress - use pressure, packing or a tourniquet to stop the bleed

STOP THE BLEED®

The only thing more tragic than a death…
is a death that could have been prevented.

WHAT'S NEXT.....

Our next project is working in collaboration with a local tech company and Forest FC Community trust to create content for an App to deliver education to young people.

The App will include locators for bleed kits, defibs etc. and will include short training videos on how to use them.

If you would like further information please visit
www.stopthebleed.org

If you are a medical professional and interested in joining us as a trainer please get in touch via email.

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