

**East Midlands Spinal Network Annual Conference 2023**

**'Beyond the Thunderdome'**

**An opportunity to showcase service improvements in spinal care across the region**

**Wednesday 1 November 2023, 08:30hrs – 16:45hrs**

**Venue: Derby County Football Club, Royal Way, Derby DE24 8XL**



Register at: <https://www.eventbrite.co.uk/e/emsn-2023-conference-beyond-the-thunderdome-tickets-721182946607>

**CONFERENCE PROGRAMME**

**08:30 – 09:00 Registration and Coffee**

**09:00 – 09:15 Welcome and Opening Remarks**

Martin Maurachea, Network Manager

**09:15 – 09:35 Network Update**

Mr Wai Yoon, Network Medical Lead

**09:35 – 09:55 SCI: A Networked Model of Care**

Michelle Emsley, Regional Spinal Cord Injury Clinical Lead

**09:55 – 10:15 Spinal Stenosis: When to tell the Surgeon?**

Mr Denis Calthorpe, University Hospitals of Derby and Burton

**10:20 – 10:40 COFFEE BREAK, POSTER WALK AND NETWORKING**

**10:40 – 11:00 Neuromuscular scoliosis**

Mr Shakil Patel, Spinal Consultant NUH

**11:05 – 11.25 Adult Deformity Spinal Surgery**

Professor Nasir Quraishi, Consultant Spine Surgeon, Nottingham University Hospitals

**11.25 – 11.45 The Professional Nurse Advocate: Recycling clinical supervision or re-envisioning professional support in the post COVID era?**

Dr Michele Platt

**11.45 – 12.30 Introductions** Claire Thornber, Cauda Equina Charity Founder

Martin Brown **'From World Champion Power Lifter to CES patient'**

Tina Cerafin **'My battle to win my life back, Dancing for recovery'**

**12.30 – 12.40 Introduction of the new SCI Clinical Psychology Service**

Dr Bethany Thompson, Clinical Psychologist SCI

**12.40 – 12.45 Close of morning session and preparation for the afternoon session**

**12:45 – 13.45 LUNCH AND NETWORKING**

**13.45 – 14.05 GIRFT Update**  
Mr Mike Hutton, GIRFT Spinal Services Lead

**14.05 – 14.25 Cauda Equina**  
Mr Mike Hutton, GIRFT Spinal Services Lead

**14.25 – 14.45 Whole MRI Spine: Warranted or waste of resources?**  
Dr Yuriy Arlachov, Consultant Radiologist, Nottingham University Hospitals

**14.45 – 14.55 MSCC Update**  
Nicola Cornelius, Consultant Radiographer

**14.55 – 15.15 COFFEE BREAK, POSTER WALK AND NETWORKING**

**15.15 – 15.55 MSCC Panel**  
Mr Wai Yoon, Consultant Surgeon, University Hospitals of Leicester and NUH.  
Yuriy Arlachov, Consultant Radiologist  
Craig Knighton, Consultant Oncologist  
Mel Bowling, Advanced Clinical Practitioner

**15.55 – 16:10 Patient story: Challenges of being a patient during the Pandemic**  
**Introduction: New Regional SIA Peer Support Worker**  
Danny Byrne: Regional SIA Peer Support Worker

**16.10 – 16.30 Emma Lyons Stewarts Law**  
**Senior Associate**

**16.30 – 16.35 Celebrating success – Poster Prize**  
Awards

**Chair's closing remarks**  
**16.35 – 16.45 Duane Mclean, Network Chair**  
Close

