NHS
Spinal Network
East Midlands

East Midlands Spinal Network Annual Conference 2025

"Spines A New Era"

An opportunity to showcase service improvements in spinal care across the region

Thursday 6 November 2025, 0830hrs – 1630hrs

Venue: Derby County Football Club, Royal Way, Derby DE24 8XL

CONFERENCE PROGRAMME

08:30 – 09:15	**Registration and Coffee**
09:15 – 09:25	**Welcome and Opening Remarks** Duane McLean, Network Chair
09:25 – 09:40	**Network Update** Mr Wai Yoon, Network Medical Lead
09:40 – 10:00	**Management of Orthostatic Hypotension following Spinal Cord Injury in the Acute In-Patient Rehabilitation Setting: A Systematic Review** Michelle Emsley, Regional Spinal Cord Injury Practitioner - Clinical Lead
10:00 – 10:20	**GIRFT Update** Mike Hutton, GIRFT Clinical Lead for Spinal Surgery and Consultant Spinal Surgeon
10:20 – 10:50	**COFFEE BREAK, POSTER WALK AND NETWORKING**
10:50 – 11:10	**Endoscopic Surgery: The New Frontier in Minimally Invasive Care** Mr Jason Braybrook, Consultant Spinal Surgeon, University Hospitals of Leicester
11:10 – 11:30	**Degenerative Cervical Myelopathy** Stephanie Foulds, Midlands Partnership University NHS Foundation Trust

11:30 – 11:50	**Conservative Management Options for Adolescent Idiopathic Scoliosis** Louise Neale, Clinical Specialist Spinal Physiotherapist and Scoliosis Extended Scope Practitioner, and Ellie Hobbs, Spinal Practitioner, Nottingham University Hospitals Trust
11:50 – 12:15	**Communication - Can We Do Better?** Paul Lewis, Advanced Practice Physiotherapist University Hospitals of Leicester NHS Trust
12:15 – 12:45	**Patient Story** - Craig and Carla Bolton
12:45 – 13:45	**LUNCH AND NETWORKING**
13:45 – 14:05	**Do Machines Dream of the Human Hand? – AI and Machine learning Spectrum** Mr Ellie Najjar, Consultant Spinal Surgeon, Nottingham University Hospitals Trust
14:05 – 14:25	**Post Operative Haematomas: Recognition, Escalation, and Management** Mr Jonathan Clamp, Consultant Spinal Surgeon, University Hospitals of Derby and Burton
14:25 – 14:45	**Regional Cauda Equina Service - Provision Survey** Baljit Kaur, Advanced Physiotherapy Practitioner, Derbyshire Community Health Services NHS Foundation Trust
14:45 – 15:05	**Palliaitive Management of MSCC at Home** Dr Jessica Weller, Consultant in Palliative Medicine, St. Barnabas Hospice, Lincoln, and Angela Wilson, Community MacMillan CNS, Lincolnshire Community Health Services NHS Trust
15:05 – 15:25	**COFFEE BREAK, POSTER WALK AND NETWORKING**

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15:25 – 15:40	**Spinal Cord Injury Referrals at Royal Derby Hospitals: Sources, Trends and Outcomes- An Audit of Referral Pathways and Patient Outcomes 2023-2025** Dr Faisal Khan, Junior Clinical Fellow, University Hospitals of Derby and Burton
15:40 – 16:00	**Driving change in Partnership: Update on the SCI Network Model of Care** Michelle Emsley SCI Practitioner, Clinical Lead, Nottingham University Hospitals Trust, Marie Watson SCI Coordinator, Princess Royal Spinal Injuries Centre, Sheffield and Kirstie Spencer, Paediatric SCI Practitioner, Nottingham University Hospitals Trust
16:00 – 16:15	**Celebrating success – Poster Prize**
16.15 – 16.30	**Chair's Closing Remarks** Duane McLean

The Royal College of Surgeons of England has awarded up to 5 CPD points for the event

Photos will be taken on the day please alert one of the Network team members if you DO NOT wish to feature on any of the photos that may be used to celebrate this event

NHS Spinal Network East Midlands

The Network would like to thank the following sponsors for supporting this year's conference: